

# Smarter, Not Harder!

## Outline

Introduction to SCORE

Why Study Skills is Important

Reading Comprehension

Learning Theories—Handout #1

Found Poem—Handout #2

Mind Mapping & Communication

Mind Map—Handout #3

Mind Map Mask—Handout #4

Questions & Answers

Dear Colleague,

Welcome to the *Smarter, Not Harder!* workshop. We trust that you will enjoy this presentation and will leave with study skills you can infuse into your content area.

SCORE works with school teams to establish, enhance, or overhaul academic support programs including study skills, tutorials, teacher advisory programs, motivational programs, after school programs, parent partnerships, and guidance activities. SCORE *improves student behavior and attitude; increases student academic performance in a rich curriculum; and raises college and career eligibility rates*, especially for at-promise students.

*SCORE works!* It received recognition by the United States Department of Education as a model program and is a member of the National Diffusion Network (NDN). SCORE is the recipient of numerous honors and awards.

SCORE's NDN validation was based on the following five claims:

- ✦ *High-risk students who participate in SCORE are successfully up-placed into a rich, common core college preparatory curriculum.*
- ✦ *SCORE high-risk students enroll in colleges and universities at rates higher than their peers.*
- ✦ *Students involved in SCORE test proficient in English at rates higher than their peers.*
- ✦ *SCORE schools decrease remedial course offerings and increase college prep courses.*
- ✦ *Schools that implement an effective SCORE program increase graduation rates.*

Your school can become a SCORE school. If you'd like specific information about workshops and cost, or any aspect of the SCORE program, please call me. I appreciate your interest in SCORE and commitment to a quality education for at-promise students.

Sincerely,

Sharon Marshall Lockett  
Director, SCORE  
949.363.6764 Voice/Fax  
sharon@score-ed.com  
www.score-ed.com

P.S. Parents are "at-promise," too. Give them a copy of my newest book, *Home, Sweet Homework!*



# A Few Learning Theories

1. If you read new information, your brain will remember almost perfectly for about fifteen seconds. Then you will forget fairly rapidly.
2. If you say a fact to yourself over and over again, you will put it in your memory very firmly. This is not the same as re-reading it; it is saying it and/or writing it.
3. If you ask yourself a question to which the new information is the right answer, then say the new fact to yourself as the answer, this will increase your memory capability.
4. When memorizing facts, material becomes rote after the third repetition. Therefore, rotate material to be memorized in sets of three. The optimum time for memorization is five to fifteen minutes at intervals of two to twenty-four hours.
5. For maximum effectiveness, review should occur between two and twenty-four hours after new material has been introduced.
6. It is easier to remember information if it's associated with something you already know.
7. It is easier to remember new information if you make an absurd association.
8. If a person can organize new learning in terms of categories, it is easier to remember.
9. If you set up categories before beginning to read, it is easier to notice things that fit into the categories, thus it is easier to remember.
10. When students know precisely what a teacher expects of them, they are more likely to adjust their behavior to receive the reward and avoid problems.
11. It is best to schedule your studying so that you don't study like subjects in sequence. For example, if you have two subjects that require a large amount of reading comprehension, design a study pattern that places mathematical calculations in between them.
12. Students will tend to study more effectively and avoid burn-out if they build refreshing and rewarding breaks into their study period.
13. The more senses that are involved in the learning process, the more rapidly learning will occur.
14. A student will learn material more thoroughly if asked to explain it to someone else.
15. If material is personalized, it is remembered longer.

## Found Poem

(A Poem I Found in Literature)

Read, highlight, or underline  
the most important 3 to 7 words  
(which make a phrase)  
in each Learning Theory

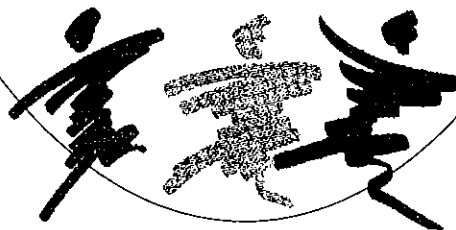
Select the three most important phrases  
(of 3 to 7 words)  
on the whole page

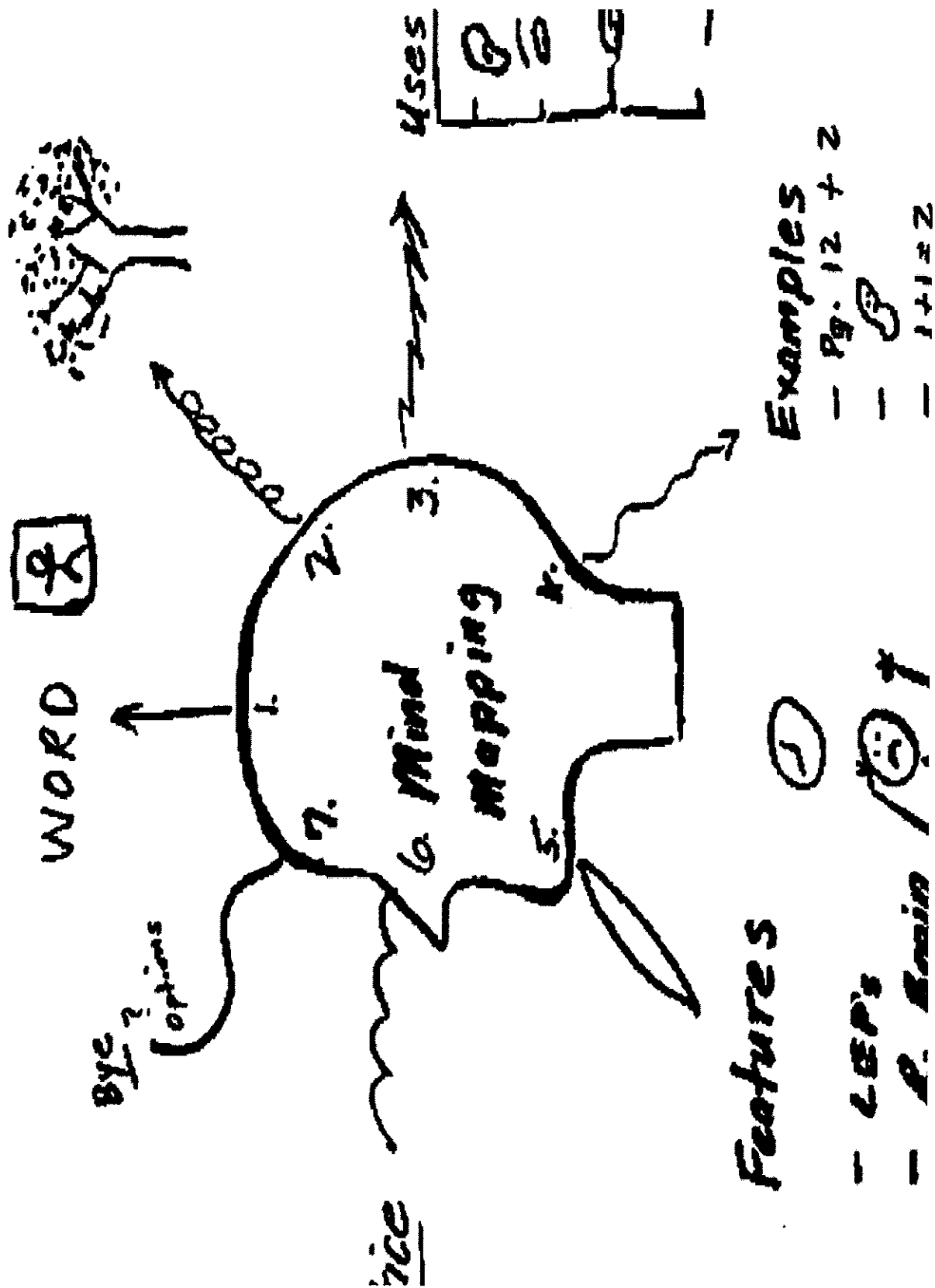
Discuss your selection with  
3 to 5 people sitting near you

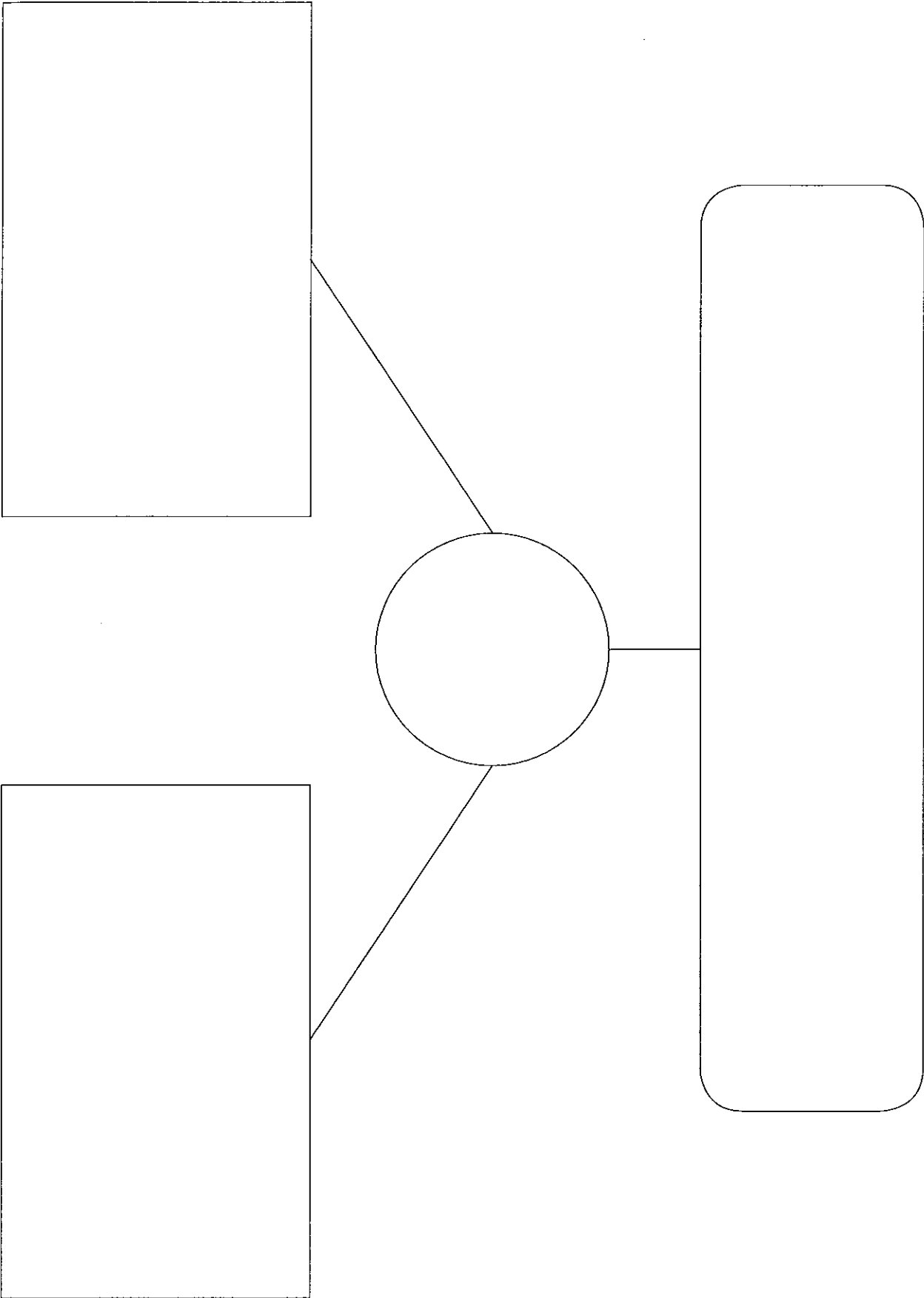
Come to Consensus on the three  
most important phrases  
(of 3 to 7 words)  
on the whole page

Write the phrases  
Illustrate each phrase

Participate in a “read-around”  
to Recite our entire group poem  
which we “found” in the literature.







**MIND MAPPING MASK**



# Conference Specials from SCORE!



Name: \_\_\_\_\_ Title: \_\_\_\_\_  
 School: \_\_\_\_\_  
 District: \_\_\_\_\_  
 School Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

ITEM #	PRICE	QTY	TOTAL	TITLE / DESCRIPTION
				<b>Study Skills Curriculum</b>
B06	<del>\$420.00</del> \$336.00			Study Skills Student Workbooks & Teacher's Guide Class set includes 40 workbooks and 1 Teacher's Guide Available in both English and Spanish. Specify quantity: English _____ and Spanish _____
B04	\$15.00 3 for \$42.00			<b>New! Winner of Author 101 Contest! Home, Sweet Homework!</b> Order in quantity for your parents!
B03	<del>\$240.00</del> \$200.00			<b>Smarter, Not Harder</b> Class set of 40
B05	\$125.00			Study Skills for Student Success
B10	<del>\$785.00</del> 635.00			Get all three and save \$150! Includes: Class Set of Study Skills, Class Set of Smarter, Not Harder, plus Study Skills for Student Success. Only \$635, regularly \$785.
				<b>Support Materials</b>
B07	\$35.00			<b>New! Accelerating High-Risk Youth: A Leader's Guide</b>
B08	<del>\$40.00</del>			Strategies for Teachers to Improve the Performance of Language Minority Students
B09	<del>\$20.00</del> \$10.00			Crisis, Grief, and Loss...and How to Help Your Students Through It
				<b>DVD's</b>
B01	\$20.00			SCORE Awareness \$20.00 purchase* or Free 30-Day Loan (billed after 30 days). Please write in TOTAL column either \$20.00 or Free-Loan
B02	\$75.00			How to Organize and Run an Effective Tutorial Program

Success  
is within  
every  
student's  
reach!  
Let SCORE  
show you  
how!

Conference Discounts honored on orders placed by July 31, 2007.

**Order Total** (in US dollars)  
**7.5% Sales Tax** -- California Residents Only  
**10% Shipping** Within Continental US -- \$3.00 Minimum  
**TOTAL**

Method of Payment (in US dollars or equivalent):

- Bill Me. Purchase Order # \_\_\_\_\_  
 Payment Enclosed. Check # \_\_\_\_\_  
 Charge It. Visa/Master Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_  
 Make check payable to Educational Innovations/SCORE



Purchase on site,  
deduct 10%, and  
we'll ship free!

Mail to: Educational Innovations  
 23706 Whale Cove  
 Laguna Niguel, CA 92677  
 Call or Fax: (949) 363-6764  
<http://www.score-ed.com>  
 E-mail: sharon@score-ed.com

# SCORE Summer Institute!

## **SCORE 101: Academic Success for All Students. July 25-27, 2007, 8 AM - 4 PM.**

Discover SCORE's proven strategies for increasing the academic performance of high-risk youth. Create guidance, tutorial, parent, and motivational programs. Receive SCORE's curriculum to ensure successful implementation. Leave with an action plan personalized to your site!

## **Study Skills for Student Success. July 30-31, 2007, 8 AM - 4 PM.**

Improve test scores! Increase content area literacy! Teach students to listen and ask effective questions, take powerful notes, study productively, develop their memory. Improve reading speed and comprehension. Teach so all students will succeed!

## **Crisis, Grief, and Loss...and How to Help Your Students Through It. August 1, 2007,**

**8 AM - 4 PM.** At any given time, 30 to 100% of your students can be somewhere in the grief process. When they are, the way they learn changes. Learn to read the often hidden signs of grief. Learn to modify your teaching strategies so these students can succeed academically while they mourn their loss in a healthy way.



*I can't say enough about how SCORE has positively impacted our Indian Education program. The SCORE program builds pride back into our students by helping them see their good points, bring out their strengths, and talk about what they do well while they achieve success in school. Students have recently commented that they wish all of their classes were taught like the SCORE class, "School wouldn't be boring." This is the most comprehensive model of student assistance that I have ever used. Yokoke, thank you to the SCORE staff for all of the support that we receive in helping our American Indian students realize their dreams.*

*—Michael Folsom, M.S., Counselor, Indian Education  
Huntington Beach Union High School District*

**SCORE** • Validated by the United States Department of Education •



**Yes! I'll See You This Summer! Register me for:**

- SCORE 101, July 25-27, 2007, \$350**
- SCORE Kit, Required for every site attending SCORE 101, \$1,250 \$750**
- Study Skills, July 30-31, 2007, \$350 (includes materials)**
- Crisis, Grief, and Loss, August 1, 2007, \$125 (includes materials)**
- ALL SIX Days plus materials!**

**Register by July 1, 2007, and Deduct 10%! ~~\$1,575~~ \$1,417 (I'll save \$158!)**

District: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

School: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_  **Bill Me.** Purchase Order Number \_\_\_\_\_

Summer Address: \_\_\_\_\_  **Payment Enclosed.** Check Number \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_  **Charge It.** Credit Card Number \_\_\_\_\_

Summer Phone: \_\_\_\_\_ Expiration Date \_\_\_\_\_ Signature \_\_\_\_\_

Register or Order Materials On Line at [www.score-ed.com](http://www.score-ed.com) or FAX to 949-363-6764.  
Workshops are held in Laguna Hills, California, near the Orange County, California Airport.

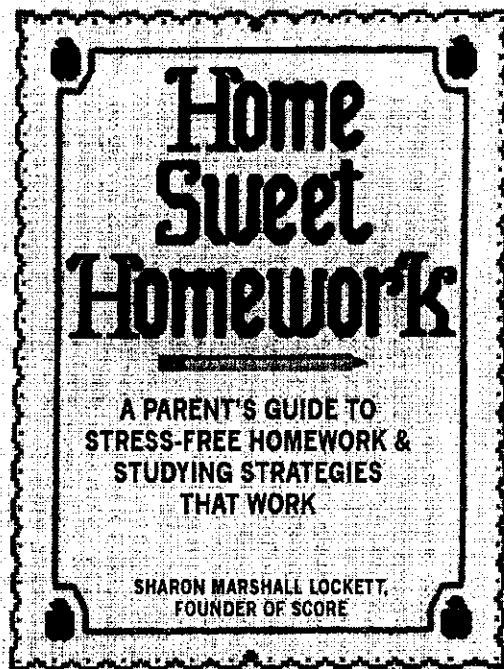
**Introducing...**

# **Home, Sweet Homework**

*by Sharon Marshall Lockett*

**Winner of the Author 101 Contest**

**Co-sponsored by Adams Media and Planned Television Arts**



***Home, Sweet Homework* empowers parents  
to become active, informed partners  
in their childrens' education**

Sharon Marshall Lockett, Executive Director  
Educational Innovations • SCORE: Success in a Rich Curriculum for Everyone!  
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